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| **Course Name:** Introduction to Psychology II | **Course Level:** Undergraduate | **Language:** English |
| **Course Code** | [**Prerequisites**](https://e-campus.isikun.edu.tr/CoursePrerequisites/Index) | **Corequisites** | **(T + P hours)** | **ECTS Credit** | **Type** |
|  PSYC 1102(PSY 102) | - | - | 3+0 | 6 | Compulsory  |

**Course objectives:** Introduction to basic methods, theory and findings in psychology.

**Course description:** Introduction to the key concepts, theories, and issues in developmental, personality, social, industrial, clinical, and atypical psychology. Definitions of basic mechanisms underlying the above mentioned processes. Related theories, types and importance of clinical therapies and topics in daily life. Introduction to the logic of designing awareness programs. Student presentations of various sub-disciplines of psychology.

**Evaluation system (in percentages):**

|  |  |  |  |
| --- | --- | --- | --- |
| **Midterm** | **Quiz/ Assignment** | **Final** | **Total** |
| %35 | %13-%7 | %45 | 100 |

**Reference**

Kalat, J.W. (2011). *Introduction to Psychology*. Wadswort

**Weekly Course Topics**

|  |  |
| --- | --- |
| **Week** | **Topic** |
| 1. |  Course Introduction |
| 2. |  Cognitive Processes |
| 3. |  Intelligence and Measurement |
| 4. |  Lifelong Human Development 1 |
| 5. |  Lifelong Human Development 2 |
| 6. | Emotion, Stress and Health 1 |
| 7. |  Emotion, Stress and Health 2 |
| 8. |  Midterm |
| 9. |  Understanding Human Personality |
| 10. |  Psychological Disorders |
| 11. |  Treatments of Psychological Disorders 1 |
| 12. |  Treatments of Psychological Disorders 2 |
| 13. |  Social Psychology |
| 14. |  An Overview |

**Contribution of the Course to the Program Outcomes**

**Course Outcomes**

 Students will gain the following knowledge and skills at the end of the course:

1.Describe concepts in developmental psychology.

2.Describe concepts in personality psychology.

3.Describe concepts in social psychology.

4.Describe concepts in abnormal psychology and treatments of disorders.

5.Analyze real world behavior and relationships in the light of major concepts and approaches in psychology.

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|   |  **Program Outcomes** | **CO1** | **CO2** | **CO3** | **CO4** | **CO5** | **CO6** |
| 1. | To examine and compare different concepts in subfields of psychology and to have basic application skills. | X | X | X | X | X |  |
| 2. | To apply analytical and critical thinking skills in various fields of psychology, to be able to solve the problems related to the field with contemporary methods. |  |  |  |  | X |   |
| 3. | The student has the skills to interpret facts, events and data, to define and analyze problems, to develop solutions based on research and evidence by using the knowledge and skills they have acquired in the field. |  |  |  |  | X |   |
| 4. | Discussing and criticizing professional and ethical issues in program design and professional practice. |  |  |  |  |  |   |
| 5. | To explain the procedures and rules in psychological measurement and interview techniques, and to develop the ability to apply them at a basic level. |  |  |  |  |  |   |
| 6. | Adopting the rules of the positivist method and designing scientific research, collecting data, analyzing data and scientifically reporting the results. |  |  |  |  |  |   |
| 7. | To gain the basic principles of scientific thinking, to be able to separate and / or integrate the knowledge gained by other disciplines with a critical point of view. | X |  | X |  |  |   |
| 8. | To develop the competence for using the necessary information and communication technologies used to reach and spread information. |   |   |   |   |   |   |
| 9. | To use oral and written communication skills effectively both in Turkish and at least one foreign language. |   |   |   |   |   |   |
| 10. | Working effectively in individual and multidisciplinary research teams. |   |   |   |   |   |   |
| 11. | To develop respect for interpersonal and cultural diversity and to have social responsibility. |   |   |   |   |   |   |
| 12. | To be aware of psychological resilience, personal and professional development. |   |   |   |   |   |   |

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|  Course Evaluation and ECTS Workload |
| Types of Work | Number |  |
|  |  |
|  | ECTS Workload |  |  |
|  |  | Time |  |
| Attendance | 14 | 3 | 42 |
| Final exam | 1 | 24 | 24 |
| Quizzes | 0 | 0 | 0 |
| Semester project | 0 | 0 | 0 |
| Assignments | 0 | 0 | 0 |
| Final project | 0 | 0 | 0 |
| Seminar | 0 | 0 | 0 |
| Duties | 1 | 15 | 15 |
| Presentation | 1 | 10 | 10 |
| Midterm | 1 | 24 | 24 |
| Project | 0 | 0 | 0 |
| Lab | 0 | 0 | 0 |
| Private lesson time | 0 | 0 | 0 |
| Other (Personal study) | 14 | 3 | 42 |
|  |  | Total workload | 157 |
|  |  | Total workload/25 | 6.28 |
|  |  | ECTS Credit | 6 |

**Teaching Methods and Techniques**: Lecture, Discussion,

**Prepared By:**  **Date:**